

Integrating Spirituality in Today's Healthcare: Self-Care Panel

Continuing Pharmacy Education Activity

When November 10, 2021 3:30PM - 4:30PM

Where Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

Itinerary See following page

Educational Goals This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

Learning Objectives At the end of this activity, the pharmacist will be able to:

- Explore the body's physiological responses to both stress and relaxation.
- Understand the importance of self-care strategies for managing stress and compassion fatigue, and for general well-being.
- Use two self-care strategies: an anchoring heart exercise and the healing power of music therapy to apply self-care techniques.

Faculty Kyle Feldman, PT, DPT, OCS, CSCS, Leigh Jenks, MMT, MT-BC
FAAOMPT
Susana Calley, LCSW

CPE Information **Activity Type:** Knowledge **Cost:** 0
Credit: 1 contact hour (0.1 CEU) **UAN:** 0101-0000-21-016-L04-P
Release Date: 11/10/2021 **Expire Date:** 11/10/2024

Target Audience This activity is for Pharmacist Preceptors and Residents

Credit Criteria To receive credit the following items must be completed

- Register for the event through supharmacy.learningexpressce.com
- Attend the entire activity
- Complete all relevant learning assessments
- Complete an activity evaluation through supharmacy.learningexpressce.com

For those participants who have met the eligibility criteria stipulated above, participant information will be uploaded to CPE Monitor by October 30, 2021.

Funding & Conflict of Interest Disclosure No external funding has been obtained for this activity. The speakers have no conflicts of interest to disclose.

Activity Contact Dr. Mark Johnson
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Registration Online registration at: supharmacy.learningexpressce.com

Please register by November 10, 2021 8:00AM



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Bernard J. Dunn School of Pharmacy

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ITINERARY

Presentation: 3:30PM - 4:30PM

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ADDITIONAL INFORMATION:

Registration must be completed through <https://supharmacy.learningexpressce.com/> prior to the event.

This will require participants to create an account through Learning Express in order to register and complete the activity evaluation. Participants must have their NABP number in order to create an account.

Please obtain your NABP ID number prior to completing the activity evaluation by going to the following link:
<http://www.nabp.net/programs/cpe-monitor/cpe-monitor-service/>

Participants must complete the activity evaluation through <https://supharmacy.learningexpressce.com/> no later than **Nov 30, 2021 to be eligible to receive credit. The evaluation code will be provided by the speaker at the close of the program. **Failure to complete the activity evaluation will result in no award of credit.****

For those pharmacists who have met the credit eligibility, CPE and NABP ID information will be uploaded to CPE Monitor by **Nov 30, 2021**.