

# Religion, Spirituality, and Health: Research and Applications

## *Continuing Pharmacy Education Activity*

**When** November 10, 2021 8:15AM - 9:45AM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Recognize the differences between religion and spirituality (R/S)
- Discuss the role of R/S in coping with illness
- Understand how R/S affects mental and physical health
- Discuss research about the effects of R/S on mental and physical health
- Understand the importance of collaboration between health professionals and religious professionals in holistic healthcare

**Faculty** Harold G. Koenig, M.D., M.H.Sc  
Professor, Duke University

**CPE Information** **Activity Type:** Knowledge **Cost:** 0  
**Credit:** 1.5 contact hour (0.15 CEU) **UAN:** 0101-0000-21-014-L04-P  
**Release Date:** 11/10/2021 **Expire Date:** 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

**Credit Criteria** To receive credit the following items must be completed

- Register for the event through [supharmacy.learningexpressce.com](https://supharmacy.learningexpressce.com)
- Attend the entire activity
- Complete all relevant learning assessments
- Complete an activity evaluation through [supharmacy.learningexpressce.com](https://supharmacy.learningexpressce.com)

For those participants who have met the eligibility criteria stipulated above, participant information will be uploaded to CPE Monitor by October 30, 2021.

**Funding & Conflict of Interest Disclosure** No external funding has been obtained for this activity. The speakers have no conflicts of interest to disclose.

**Activity Contact** Dr. Mark Johnson  
Bernard J. Dunn School of Pharmacy  
1775 North Sector Court, Winchester, VA 22601  
email: [mjohnson@su.edu](mailto:mjohnson@su.edu) phone (540) 545-7218

**Registration** Online registration at: [supharmacy.learningexpressce.com](https://supharmacy.learningexpressce.com)

**Please register by November 10, 2021 8:00AM**



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# Applying Spiritual Assessment Tools in Practice

## Continuing Pharmacy Education Activity

**When** November 10, 2021 10:15AM - 11:30AM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Administer a brief spiritual history to patients in medical settings
- Administer an in-depth spiritual history in mental health settings
- Apply information collected from spiritual assessment tools to a patient scenario

**Faculty** Harold G. Koenig, M.D., M.H.Sc.

**CPE Information** **Activity Type:** Application **Cost:** 0  
**Credit:** 1.25 contact hour (0.125 CEU) **UAN:** 0101-0000-21-015-L04-P  
**Release Date:** 11/10/2021 **Expire Date:** 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

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# Crisis Hits a Community: COVID-19 Panel

## Continuing Pharmacy Education Activity

**When** November 10, 2021 11:30AM - 12:30PM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Describe the impact of the COVID-19 pandemic on the community.
- Identify the role of spirituality when a community experiences a crisis.
- Describe spiritual resources that may be helpful to patients during a pandemic.

**Faculty** Bonnie Price, BSN, RN  
Benjamin Keys, PhD, EdD  
Rev. Dr. Charly Franks  
Kathy Tagnesi, RN, BSN, MA

**CPE Information** **Activity Type:** Knowledge **Cost:** 0  
**Credit:** 1 contact hour (0.1 CEU) **UAN:** 0101-0000-21-012-L04-P  
**Release Date:** 11/10/2021 **Expire Date:** 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

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# Different Faiths: What a Health Care Professional Needs to Know

*Continuing Pharmacy Education Activity*

**When** November 10, 2021 1:20PM - 2:20PM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Understand the specific needs of patients of different faith traditions with regard to the practice of their faith in a hospital setting.
- Appreciate different faith traditions that patients practice and how that impacts their care.
- Understand any special prayer and end-of-life spiritual needs of patients in a particular faith group.

**Faculty**

Rabbi Yishai Dinerman	Bahante Saddhajeewa
Jeff Fletcher, Chaplain	Amna Omer Sheikh, MD
Fr. Bjorn C. Lundberg	

**CPE Information**

<b>Activity Type:</b> Knowledge	<b>Cost:</b> 0
<b>Credit:</b> 1 contact hour (0.1 CEU)	<b>UAN:</b> 0101-0000-21-013-L04-P
<b>Release Date:</b> 11/10/2021	<b>Expire Date:</b> 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

**Credit Criteria** To receive credit the following items must be completed

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# Spirituality Across the Lifespan: Continuum of Care

## *Continuing Pharmacy Education Activity*

**When** November 10, 2021 2:30PM - 3:30PM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Understand how someone's spirituality may change throughout the course of their life.
- Demonstrate care for the spirituality of patients served based on their age.

**Faculty** Todd Bowman, Director of Children's Ministry      Ken Patrick, DMin, Elder VA UMC, Chaplain  
Jeff Fletcher, Chaplain  
Elizabeth Lewis, MEd, MDiv, BCC, Chaplain

**CPE Information** **Activity Type:** Knowledge      **Cost:** 0  
**Credit:** 1 contact hour (0.1 CEU)      **UAN:** 0101-0000-21-017-L04-P  
**Release Date:** 11/10/2021      **Expire Date:** 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

**Credit Criteria** To receive credit the following items must be completed

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# Integrating Spirituality in Today's Healthcare: Self-Care Panel

*Continuing Pharmacy Education Activity*

**When** November 10, 2021 3:30PM - 4:30PM

**Where** Webinar/Zoom link: <https://su.zoom.us/j/97038925283>

**Itinerary** See following page

**Educational Goals** This CE will provide an understanding of the importance of including spirituality in the care of patients based on best practices, current literature and research

**Learning Objectives** At the end of this activity, the pharmacist will be able to:

- Explore the body's physiological responses to both stress and relaxation.
- Understand the importance of self-care strategies for managing stress and compassion fatigue, and for general well-being.
- Use two self-care strategies: an anchoring heart exercise and the healing power of music therapy to apply self-care techniques.

**Faculty** Kyle Feldman, PT, DPT, OCS, CSCS, Leigh Jenks, MMT, MT-BC  
FAAOMPT  
Susana Calley, LCSW

**CPE Information** **Activity Type:** Knowledge **Cost:** 0  
**Credit:** 1 contact hour (0.1 CEU) **UAN:** 0101-0000-21-016-L04-P  
**Release Date:** 11/10/2021 **Expire Date:** 11/10/2024

**Target Audience** This activity is for Pharmacist Preceptors and Residents

**Credit Criteria** To receive credit the following items must be completed

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**Shenandoah University Spirituality Conference 2021**  
**November 10, 2021**

**ITINERARY**

<b>8:15 AM - 9:45 AM</b>	<b>Religion, Spirituality, and Health: Research and Applications</b> <b>UAN: 0101-0000-21-014-L04-P</b>
<b>10:15 AM - 11:30 AM</b>	<b>Applying Spiritual Assessment Tools in Practice</b> <b>UAN: 0101-0000-21-015-L04-P</b>
<b>11:30 AM - 12:30 PM</b>	<b>Crisis Hits a Community: COVID-19 Panel</b> <b>UAN: 0101-0000-21-012-L04-P</b>
<b>12:30 PM - 1:20 PM</b>	<b>Lunch</b>
<b>1:20 PM - 2:20 PM</b>	<b>Different Faiths: What a Health Care Professional Needs to Know</b> <b>UAN: 0101-0000-21-013-L04-P</b>
<b>2:30 PM - 3:30 PM</b>	<b>Spirituality Across the Lifespan (Continuum of Care)</b> <b>UAN: 0101-0000-21-017-L04-P</b>
<b>3:30 PM - 4:30 PM</b>	<b>Integrating Spirituality in Today's Healthcare: Self-care Panel</b> <b>UAN: 0101-0000-21-016-L04-P</b>

**ADDITIONAL RESOURCES:**

**Registration must be completed through <https://supharmacy.learningexpressce.com/> prior to the event.** This will require participants to create an account through Learning Express in order to register and complete the activity evaluation. Participants must have their NABP number in order to create an account.

Please obtain your NABP ID number prior to completing the activity evaluation by going to the following link:  
<http://www.nabp.net/programs/cpe-monitor/cpe-monitor-service/>

**Participants must complete the activity evaluation through <https://supharmacy.learningexpressce.com/> no later than Dec 1, 2021** to be eligible to receive credit. The evaluation code will be provided by the speaker at the close of the program. **Failure to complete the activity evaluation will result in no award of credit.**

***For those pharmacists who have met the credit eligibility, CPE and NABP ID information will be uploaded to CPE Monitor by Dec 1, 2021.***